

Prayer?

Please list your prayer requests with detailed information of people in need. Thank you!

Staff.



Rose Anderson
Women



Van Barnhill
Men & Local Impact



Danny Beech
Equipping



Leland Brown
Community & Young Adults



Dave Bruner
Global Impact



Mike Doll
Orchestra



Alec Emehiser
High School



Craig Harris
Executive



Dean Henderson
Worship



Dustin Raley
Worship



Matt Reagan
Campus Outreach



Steve Tuck
Children & Family



JD Zubia
PCA Headmaster

Sermon.

Speaker: Buster Brown, Senior Pastor
Message: Delighting in God's Rhythms of Grace
Text: Isaiah 40:31; Mark 2:27-3:6

"But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint."
Isaiah 40:31

"²⁷And he said to them, 'The Sabbath was made for man, not man for the Sabbath.'²⁸So the Son of Man is lord even of the Sabbath."

¹Again he entered the synagogue, and a man was there with a withered hand. ²And they watched Jesus, to see whether he would heal him on the Sabbath, so that they might accuse him. ³And he said to the man with the withered hand, 'Come here.'⁴And he said to them, 'Is it lawful on the Sabbath to do good or to do harm, to save life or to kill?' But they were silent. ⁵And he looked around at them with anger, grieved at their hardness of heart, and said to the man, 'Stretch out your hand.'⁶He stretched it out, and his hand was restored. ⁷The Pharisees went out and immediately held counsel with the Herodians against him, how to destroy him."
Mark 2:27-3:1-6

God graciously restores strength and human flourishing to his people (Isaiah 40:31) as we wait for him in expectation and obedience.



1. Scripture (Psalm 1:1-3)
2. Fellowship with Believers (Hebrews 10:19-25)
3. Stewardship as a Mindset
A steward is one who has been trusted with specific resources and will give an account for faithful living.
4. Rhythms of Grace

"What is God's will for you in the Fourth Commandment? First, that the gospel ministry and education for it be maintained, and that especially on the festive day of rest, I regularly attend the assembly of God's people to learn what God's Word teaches, to participate in the sacraments, to pray to God publicly and to give Christian alms. In the second place, that all the days of my life I rest from my evil works, allow the Lord to work in me by his Spirit, and thus begin in this life the everlasting Sabbath."
Heidelberg Catechism, Question 103

The Christian Sabbath . . .

1. Is a "festive day of r_____."

(continued >>)

Sermon.

(continued)

2. Builds g_____.
- "Therefore we must pay much closer attention to what we have heard, lest we DRIFT away from it."
Hebrews 2:1
3. Brings C_____.
- Continuity is the unbroken and consistent existence or operation of something over a period of time. It is a necessity for flourishing under the Lordship of Christ.
4. Helps us p_____ for the coming week. We enter the Lord's Day to be refreshed/restored by his power and we end the day energize to represent Christ for the coming week.
5. We should DETERMINE to observe the Lord's Day.

Practical Considerations

- Parents and worshipping with children.
- Consistency/continuity is for the health and welfare of our souls.
- Prepare on Saturday.
- Practice the gift of hospitality.
- Delight!

ANSWER KEY: rest, godliness, CONTINUITY, prepare

The first day of the week is the Lord's Day. It is a Christian institution for regular observance. It commemorates the resurrection of Christ from the dead and should include exercises of worship and spiritual devotion, both public and private. Activities on the Lord's Day should be commensurate with the Christian's conscience under the Lordship of Jesus Christ.

Baptist Faith and Message, Article 8

"The first step is to recognise the fact that your moods change. The next is to make sure that, if you have once accepted Christianity, then some of its main doctrines shall be deliberately held before your mind for some time every day. That is why daily praying and religious reading and churchgoing are necessary parts of the Christian life. We have to be continually reminded of what we believe. Neither this belief nor any other will automatically remain alive in the mind. It must be fed." CS Lewis, Mere Christianity

DISCUSSION QUESTIONS

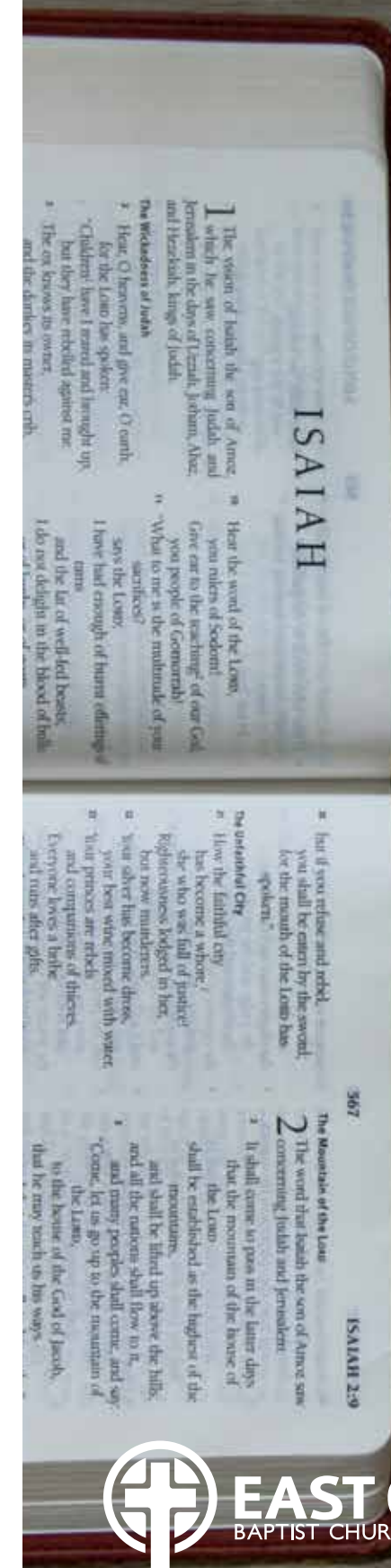
1. What does the "profusion graph" tell us?
2. Why has life become a blur of obligations and responsibilities?
3. How can observing the Sabbath address Question #2?
4. How can we practice the gift of hospitality?
5. How can we make the Sabbath a special day in the rhythm of our week?



Your mobile devices are welcome! After the service, we encourage you to share encouraging pieces of the sermon or worship service on social media.
Tag ECBC using #ecbccharleston.

Listen to sermons online at eastcooperbaptist.com/sermons

FEBRUARY 16, 2020



"Equipping people to pursue Jesus Christ passionately as they impact the culture"

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Welcome.

We're glad you are here to worship with us. If you are new to East Cooper Baptist, we would love to meet you. Please stop by the Welcome Center following the worship services to say hello and let us answer any questions you may have. Thanks for being our guest.

Buster Brown, Senior Pastor
busterb@eastcooperbaptist.com | 843.856.3222 x2006 | @pastorbusterb

Traditional Worship / Sunday equip•u Classes
Sanctuary 9:00a & 10:45a

Contemporary Worship / Sunday equip•u Classes
Worship Center 9:00a & 10:45a

Next Steps.

Attend a Guest Luncheon

Get to know us better at our next Guest Luncheon and see what God has in store for you. You'll meet our pastor and some of our staff and enjoy fellowship with a great meal. Our free luncheon is **March 8 at 12:15p** in the gym. For more information, please contact Carol at carolw@eastcooperbaptist.com.

Find an equip•u Class
Our equip•u classes are groups that meet before or after the worship services to study the Bible in depth. Visit the Welcome Center to pick up an equip•u guide, or go online to choose from a variety of classes. Register for track classes at eastcooperbaptist.com/classes.

Join a Community Group
An authentic biblical community provides a place where we can grow, learn, and serve as we seek to know Jesus. We have a variety of over 30 open groups from students to adults. Please go online today to locate a group near you. eastcooperbaptist.com/groups

Become a Member
Register online for our upcoming New Members Class on Saturday, **March 14**. This class is a basic introduction to our church family and is a requirement for joining the church. We designed this class to clearly explain what we believe at East Cooper Baptist.

Serve in equip•them
Equip•them is the serving arm for Sunday morning ministries. We have nearly 600 opportunities to serve. Some needs require 15 minutes before the service; others may require the whole equipping hour. eastcooperbaptist.com/serve

Childcare.



We have a safe and loving environment for your children where they can learn about God. Please take advantage of our nursery for children up to age three during the worship services. Our ushers are ready to assist you.

This Week.
For detailed information, please go online.

SUN FEB 16
equip•u classes 9:00a & 10:45a
GriefShare 10:45a-12:15p B227
MSM Parent Meeting 12:00-1:00p B217/218
HSM D-Groups 6:00-8:00p Host Homes

TUE FEB 18
Women's Bible Study 9:30-11:30a Worship Center
Worship Band Rehearsal 7:00-8:30p Worship Center

WED FEB 19
Prime Time Luncheon 12:00-1:30p D-Wing Choir Room
Children's Choir (WAM) 6:30-8:00p A-Wing Classrooms
Choir & Orchestra Rehearsal 6:30-8:00p D203 Choir Room
MSM T4:12 6:30-8:00p Gym
DivorceCare 6:30-8:00p B221

THU FEB 20
Woman2Woman 6:30-7:30a Worship Center
Women's Bible Study 9:30-11:30a Worship Center
EC Sports 6:00-10:00p Gym
Re|engage Marriage Program 6:30-8:30p D-Wing Choir Room

FRI FEB 21
Man2Man 6:20-7:30a Gym
FAM & Friends Fun Night 5:30-8:30p Gym

VISION PLANNING

Today, we will celebrate the past years of God's blessings on ECBC and look toward the future by sharing with you the vision planning process we are currently going through. Our hope in going through this process of evaluation and planning is that we will learn how to best help our people, our neighbors, and the nations become mature followers of Jesus Christ. For more information and to learn more about the process go to:
eastcooperbaptist.com/vision-planning

361 Egypt Road • Mount Pleasant, SC 29464 • 843.856.3222

Upcoming.
For detailed event information, please go online.

TODAY All middle school parents are encouraged to come to the MSM parent meeting today after the second service in room B217/218 to discuss future steps. **PLAN TO ATTEND.**

JOIN TODAY An authentic biblical community provides the place where we can grow, learn, and serve as we seek to know Jesus. For us, these communities are built around small groups. You can find a list of open groups on our website.

THU Re|engage is a marriage enrichment program. Marriages in any condition can benefit. This program meets every Thursday night from 6:30-8:30p. Childcare is provided for infants to 5th graders. **REGISTER ONLINE.**

FEB 21 We want to partner with parents who are fostering or adopting children or who have a child with special needs. Fun Nights are a night for kids to have fun and for parents to have a time of respite. **REGISTER ONLINE.**

FEB 23 If you are interested in being baptized, please register for a baptism date online. An ECBC pastor will then contact you to schedule an interview before your baptism date. Baptism is required for membership at ECBC. **REGISTER ONLINE.**

FEB 28-MAR 1 The Global Impact Conference is a time when we, as a church, focus on Christ's Great Commission. For more information about our speaker, schedule, and to register, please go online. **REGISTER ONLINE.**

FEB 28 & 29 The Kids Mission Festival goes alongside our Global Impact Conference. This year we will be focusing on the country of Colombia. Your kids will love being a part of this. **REGISTER ONLINE.**

MAR 13 & 14 All dads and their kids (ages 4-18) are invited to Broxton Bridge Plantation in Ehrhardt, SC for a fun-filled weekend. We will spend time camping, kayaking, and having fun! **REGISTER ONLINE.**

NEW TO ECBC?
After the service, stop by the Welcome Center.

Please complete the perforated section and place in the offering plate or bring by the Welcome Center.

02.16.20

Hello.

If you're here for the first time, please come by our Welcome Center and say hello. We'd love to answer any questions and say thanks for being our special guest today.

I/We attended worship at:

9:00a 10:45a

I am a first time guest

Name

Spouse

Birthdate **Spouse Birthdate**
MO DA YR MO DA YR

Address

City

State **Zip**

Mobile

Spouse Mobile

Email

Spouse Email

Preferred method of contact:
 Call Text Email

Interested in the following:

Become a Christian
 Join the Church
 Request a personal visit
 Subscribe to newsletter
 Join a Community Group
 Other _____